

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 14:25
Heat: 2/28 Lane : 7 Athlete: MAENHOUT ARJEN					Q-time: 99:99:99
PB (50m pool): 02:32.14 Brugge 18/10/2020					PB (25m pool): 02:06.53 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:32.14	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:3, starttime: 14:30
Heat: 3/28 Lane : 1 Athlete: RéADY SEPPE					Q-time: 99:99:99
PB (50m pool): 02:46.12 Antwerpen 14/07/2024					PB (25m pool): 02:26.98 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:46.12	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:8, starttime: 14:50
Heat: 8/28 Lane : 1 Athlete: VANLERBERGHE MATTHIAS					Q-time: 02:50:26
PB (50m pool): 02:50.26 Seraing 26/01/2025					PB (25m pool): 02:40.46 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.95	01:23.56	02:08.59	02:50.26	
	00:38.95	00:44.61	00:45.03	00:41.67	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:14, starttime: 15:08
Heat: 14/28 Lane : 2 Athlete: HEYLIGEN LUTZ					Q-time: 02:26:15
PB (50m pool): 02:26.15 Brugge 01/02/2026					PB (25m pool): 02:20.48 SB: 02:26.15 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.27	01:08.00	01:47.36	02:26.15	
	00:31.27	00:36.73	00:39.36	00:38.79	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:19, starttime: 15:22
Heat: 19/28 Lane : 4 Athlete: BALCAEN SANDER					Q-time: 02:15:04
PB (50m pool): 02:15.04 Luxembourg - Kirchberg 15/03/2026					PB (25m pool): 02:06.17 SB: 02:15.04 Luxembourg - Kirchberg 15/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.83	01:07.51	01:41.75	02:15.04	
	00:31.83	00:35.68	00:34.24	00:33.29	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:20, starttime: 15:25
Heat: 20/28 Lane : 5 Athlete: HUYSENTRUYT FERRE-LOUIS					Q-time: 02:14:27
PB (50m pool): 02:14.27 Brugge 01/02/2026					PB (25m pool): 02:09.76 SB: 02:14.27 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.48	01:04.96	01:41.03	02:14.27	
	00:30.48	00:34.48	00:36.07	00:33.24	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:22, starttime: 15:30
Heat: 22/28 Lane : 4 Athlete: DEMEYERE LARS					Q-time: 02:11:79
PB (50m pool): 02:11.79 Seraing 25/01/2026					PB (25m pool): 02:05.34 SB: 02:11.79 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.46	01:05.89	01:40.86	02:11.79	
	00:31.46	00:34.43	00:34.97	00:30.93	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:26, starttime: 15:41
Heat: 26/28 Lane : 3 Athlete: BEUNENS ILIAN					Q-time: 02:05:41
PB (50m pool): 02:05.41 Antwerpen 27/07/2025					PB (25m pool): 02:03.08 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.00	01:01.32	01:33.82	02:05.41	
	00:29.00	00:32.32	00:32.50	00:31.59	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:17, starttime: 17:03	
Heat: 17/18 Lane : 5 Athlete: MABBE NORAH					Q-time: 02:57:93	
PB (50m pool): 02:48.18 ANTWERPEN 31/07/2022 PB (25m pool): 02:43.39 SB: 03:03.97 Seraing 25/01/2026						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	02:48.18		
	no time					
						

Coach feedback: